

From 13<sup>th</sup> to 19<sup>th</sup> July 2019

# ENTERTAINMENT PROGRAMME

## N°2

Les Menuires Val Thorens

### YOGA

**9.30am - 11 am** Monday and Friday

**10 am - 11.30 am** Wednesday

Booking: info@escale-zen.fr OR +33(0)6 50 88 62 35 OR Sunday at the resort presentation in Val Thorens. > **18€/session**  
> 'Chalet Rosaël' in Val Thorens if bad weather.  
📍 Plan de l'Eau des Bruyères



## SATURDAY 13<sup>TH</sup> JULY

Villarabout

**10 am - 10 pm** VILLAGE CELEBRATION

Making and sales of bread the morning and until 3pm. Snack from 11am and until the evening.  
Activities: fishing, petanque, raffle...  
✔ Savoyard meal from 7pm (13€)  
✔ Concert «White Notes»

## SUNDAY 14<sup>TH</sup> JULY

Les Menuires

**from 9am** CROISSETTE CELEBRATION 14<sup>TH</sup> JULY

**10am-6pm:** animations for everyone  
**10.30am:** welcome drink, resort presentation and musical show with Bruno et Valérie  
**11am-5pm:** pancakes party, cotton candy and bar.  
**12.30pm:** meal  
**3pm:** petanque contest (Le Comptoir restaurant / 5€)  
**3pm:** Zumba  
**5pm:** Country dance  
**4pm-6pm:** abseiling  
**6pm:** concert  
**9.30pm:** torchlight descent  
**10pm:** firework and concert

**10.30am** MASS 📍 Church

Les Menuires

**10.30 am** MUSICAL ENTERTAINMENT

**11 am** RESORT PRESENTATION

Presentation of the resort and the different activities available. Includes a welcome drink, "Rosé Pamplemousse", offered by the Tourist Office, preceded by musical entertainment by Bruno and Valérie at 10.30am at La Croisette.  
✔ Free 📍 La Croisette (Centre Sportif if bad weather)

Val Thorens

**4 pm** MUSICAL ENTERTAINMENT WITH BRUNO AND VALÉRIE

✔ Free ✔ For everyone 📍 Caron place

Val Thorens

**5 pm** RESORT PRESENTATION

Presentation of the resort and the different activities available.  
✔ Free ✔ For everyone 📍 Caron place

Saint Martin

**6 pm** VILLAGE PRESENTATION

Presentation of the resort and the different activities available. Includes a welcome drink, "Rosé Mûre", offered by the Tourist Office  
✔ Gratuit 📍 Village place

## MONDAY 15<sup>TH</sup> JULY

Les Menuires Val Thorens

**3 days / week. For 2 people. With breakfast.**

**7 am - 12 pm** A MORNING WITH A SHEPHERD

**7 am - 10.30 am** DISCOVERY: CHEESE MAKING

✔ 30€ / pers.  
✔ Booking: +33(0)6 75 52 18 13  
📍 Between Les Menuires and Val Thorens

Val Thorens

**9.30 am** WALK 'LAC DE MONTAULVER'

With National Park of Vanoise

✔ Booking and meeting point: Tourist office  
✔ Free ✔ Equipment: water, sun glasses, snack, adapted shoes and cap.

Saint Martin

**10 am** ARCHERY ✔ Free 📍 Les Grangeraires

Les Menuires

**10 am - 2 pm** WORKSHOP: BADGE CREATION

📍 Les Ti'Lutins, Les Bruyères

Les Menuires

**10 am - 6 pm** THE DAHU TREASURE HUNT

During the treasure hunt, the groups must collect clues, answer questions and participate in a final group event. BBQ.  
✔ Sign-up at the Tourist Office. ✔ 6€  
✔ Subject to favorable weather. 📍 La Croisette

Val Thorens

**10 am** BELLEVILLE CLIMBING BY BIKE

Between Saint Martin de Belleville and Val Thorens. Free BBQ.

✔ Info: Sports Club ✔ Free 📍 9.45am in Saint Martin

Les Menuires Val Thorens

**10.30 am** GUIDED VISIT AT THE FARM CHEZ PÉPÉ NICOLAS

Guided tour with commentary. While on your mountain walks you will come across herds of goats, cattle and sheep high in the pastures.  
✔ Adult: 9 € (7 € with the Multi-activity Card),  
Enfant : 7 € (5 € with the Multi-activity Card).  
Free entry for children < 8 years.  
📍 Between Les Menuires and Val Thorens

Les Menuires

**11 am** ZUMBA ✔ Free 📍 La Croisette

Val Thorens

**11 am - 12 pm** QUIZZ WITH BRUNO & VALÉRIE

✔ Free ✔ For everyone 📍 Caron place

Les Menuires

**12 pm** CONCERT: 'PASTOBAL SOLO'

✔ Info: +33(0)7 70 22 86 79 📍 Lac du lou refuge

Val Thorens

**5 pm** SHOWING 'MARMOTTES, SENTINELLE DES ALPES'

📍 Church

Les Menuires

**6pm - 9 pm** GRILL'ADOS

Evening for teenagers.

✔ Booking compulsory: Tourist Office.  
✔ Limited places (36).  
✔ 5€ 📍 Plan de l'Eau des Bruyères

Val Thorens

**9 pm** SHOW WITH BRUNO & VALÉRIE 'LES AMANTS MYTHIQUES'

✔ Free ✔ For everyone 📍 Forum J. Fontanet

Les Menuires

**9pm** CHEZ PÉPÉ NICOLAS: CAMPFIRE

✔ Booking: +33(0)6 75 52 18 13  
✔ Subject to favorable weather.  
✔ Free 📍 Between Les Menuires & Val Thorens

## TUESDAY 16<sup>TH</sup> JULY

Saint Martin

**10 am - 12 pm** SAINT MARTIN TOUT AZIMUT

Discovery of the village: playful and original.

✔ Free. Limited places.  
✔ Sign-up at the Tourist Office before Monday 7pm.  
✔ Subject to favorable weather.  
✔ Children must be accompanied  
📍 Meet up at Grangeraires.

Les Menuires

**from 10 am** BRUYÈRES CELEBRATION

**12pm:** free aperitif  
**12.30pm:** lunch  
**2pm & 4pm:** 'Baladins du Rire'  
**3pm:** petanque contest (La Marmite Restaurant) 5€  
**10pm:** fireworks  
📍 Les Bruyères

Val Thorens

**10 am - 12 pm** WOOD WORKSHOP

✔ Free. Limited places (30 pers.). ✔ From 5 yrs old.  
✔ Sign-up at the Tourist Office before Monday 7pm.  
📍 Caron place

Les Menuires Val Thorens

**10.30 am** GUIDED VISIT AT THE FARM CHEZ PÉPÉ NICOLAS

Refer to Monday 15<sup>th</sup> July

Val Thorens

**11 am - 12 pm** QUIZZ WITH BRUNO & VALÉRIE

✔ Free ✔ For everyone 📍 Péclet place

### Saint Martin

#### 2 pm - 4 pm BAROQUE IN ST MARTIN

A magical experience for old and young to learn about the fascinating history of Saint Martin and Savoyard Baroque art.

✔ Sign-up at the Tourist Office.

### Saint Martin

#### 2 pm - 6 pm DIY: DELPHINE WORKSHOP

Sewing.

✔ From 12 yrs old. ✔ Sign-up at the Tourist Offices.

✔ 20€ ✔ Village hall

### Val Thorens

#### 2 pm - 4 pm WOOD WORKSHOP

✔ Free. Limited places (30 pers.). ✔ From 5 yrs old.

✔ Sign-up at the Tourist Office before Monday 7pm.

✔ Caron place

### Saint Martin

#### 3 pm - 6 pm DIY: AFERDITA WORKSHOP

Sculpture on wood.

✔ Sign-up at the Tourist Offices. ✔ 20€

✔ From 12 yrs old. ✔ Village centre

### Les Menuires

#### 6 pm BODY CARDIO ✔ Free. ✔ La Croisette

### Les Menuires

#### 8.30 pm - 10.15 pm

SHOW WITH BRUNO & VALÉRIE  
'LES AMANTS MYTHIQUES'

✔ Free ✔ For everyone

✔ Espace d'animations des Bruyères

### Les Menuires

### Val Thorens

#### 9 pm ANIMAL DISCOVERY EVENING CHEZ PÉPÉ NICOLAS

✔ Subject to favorable weather.

✔ Booking: info@chezpepenicolas.com

✔ Free ✔ Between Les Menuires & Val Thorens

## WEDNESDAY 17<sup>TH</sup> JULY

### Les Menuires

#### 9 am - 7 pm MARKET ✔ La Croisette

### Saint Martin

#### 10 am - 11 am STORY TIME

'CLARINE THE MOUNTAIN COW'

An activity for the little ones at the museum in St Martin. Come and listen to the tales of a small cow, living in the Belleville Valley during the 1950s to discover the olden day life in the mountains.

✔ 3€, free under 3 ✔ From 3 to 10 yrs old

✔ Museum, church place

### Saint Martin

#### 10 am - 6 pm FROM VILLAGE TO MOUNTAIN PASTURES: MEET A FARMER ON A 'GUIDED DAY-TRIP'

Accompanied by a guide, learn about the art of building on slopes, centred around a baroque masterpiece and mountain huts in the morning, followed by a picnic in a magical setting. Then head up to the pastures for milking-time, and for some delicious Beaufort cheese tasting!

✔ 16€/ adult and 8€ / child (8-15 yrs old)

✔ Booking compulsory at the tourist offices; the day before 6pm (limited places).

✔ Meeting point: 10.30am at Notre Dame des Grâces parking (Saint Jean).

### Saint Martin

#### 10 am - 12.30 pm DIY: MORGANE WORKSHOP

Cheese making.

✔ From 4 yrs old. ✔ Sign-up at the Tourist Offices.

✔ Adult: from 15€ Children (7 - 12 yrs old): from 10€

Family pass: 40€ (2 adults + 2 children)

Free under 7.

✔ Chèvrerie de Villarenger

### Saint Martin

#### 10 am ARCHERY ✔ Free ✔ Les Grangeraires

### Val Thorens

#### 10 am - 12 pm WORKSHOP

✔ Free. Limited places (8 pers.). ✔ From 5 yrs old.

✔ Sign-up at the Tourist Office before Monday 7pm.

✔ Caron place

### Les Menuires

### Val Thorens

#### 10.30 am GUIDED VISIT AT THE FARM CHEZ PÉPÉ NICOLAS

Refer to Monday 15<sup>th</sup> July

### Les Menuires

#### 11 am PETANQUE CONTEST

✔ On-site registration. ✔ Brelin

### Val Thorens

#### 2 pm - 3pm WOOD SCULPTURE EXHIBIT

✔ Caron place

### Saint Martin

#### 2 pm - 6 pm DIY: VÉRO WORKSHOP

✔ Sign-up at the Tourist Offices. ✔ From 15€

✔ From 6 yrs old. ✔ Village hall

### Saint Martin

#### 2 pm - 5 pm ESCAPE GAME

✔ Sign-up at the Tourist Offices. Team of 5.

✔ Limited places. Session of 45 min.

✔ Free. ✔ From 7 yrs old. ✔ Cochet carpark.

### Val Thorens

#### 2.30 pm - 3.30 pm SPIPOLL WORKSHOP

Photography workshop about biodiversity.

✔ Free. ✔ From 7 yrs old.

✔ Sign-up at the Tourist Office. ✔ Caron place

### Les Menuires

#### 2.30pm - 4 pm WORKSHOP - PLASTICINE

✔ Free. ✔ Espace d'animations des Bruyères

### Les Menuires

#### 3 pm PETANQUE CONTEST

✔ Free. For everyone. ✔ On-site registration.

✔ La Croisette, 'Brasserie des Belleville' restaurant

### Les Menuires

#### 6 pm CARDIO BOXING ✔ Free. ✔ La Croisette

### Saint Martin

#### 7.30pm EVENING AT LA BOUITTE\*\*\* RESTAURANT

✔ 290€/pers. ✔ Saint Marcel

### Val Thorens

#### 9 pm SHOW WITH BRUNO & VALÉRIE 'FRÉQUENCE CARDIAQUE'

✔ Free ✔ For everyone ✔ Forum J. Fontanet

### Les Menuires

### Val Thorens

#### 10 pm FIREWORKS CHEZ PÉPÉ NICOLAS

Fireworks display with the magnificent Peclet Glacier in the background.

✔ Free ✔ Subject to favorable weather.

✔ Booking: +33(0)6 75 52 18 13

✔ Between Les Menuires and Val Thorens

## THURSDAY 18<sup>TH</sup> JULY

### Saint Martin

#### 9 am - 6 pm CRAFT MARKET

✔ Free access. ✔ Village centre.

### Les Menuires

#### 9 am - 7 pm CLEARANCE SALE ✔ La Croisette

### Les Menuires

#### 9 am - 9.45 am YOGA

✔ Free. ✔ La Croisette, Le Comptoir restaurant

### Val Thorens

#### 10 am - 11 am KIDS WORKSHOP

✔ Free. From 3 to 6 yrs old (with an adult).

✔ From 3 to 10 children maximum / workshop.

✔ Sign-up at the Tourist Office before Sunday 6pm

✔ Tourist Office

### Les Menuires

#### 10 am - 10.45 am YOGA

✔ Free. ✔ Les Bruyères, La Marmite restaurant

### Les Menuires

### Val Thorens

#### 10.30 am GUIDED VISIT AT THE FARM CHEZ PÉPÉ NICOLAS

Refer to Monday 15<sup>th</sup> July

### Les Menuires

#### 11 am STRETCHING ✔ Free ✔ La Croisette

### Val Thorens

#### 2 pm TREASURE HUNT

With bruno & valérie ✔ Free ✔ Caron place

### Saint Martin

#### 2 pm - 6 pm DIY: VÉRO WORKSHOP

Refer to Wednesday 17<sup>th</sup> July.

### Saint Martin

#### 2.30 pm - 4 pm GUIDED VISIT THE MUSEUM OF ST MARTIN

Guided visit of the museum which retraces 150 years of the history of the Commune Les Belleville.

✔ Adult: 5€. Free under 16 ✔ Museum, church place

### Val Thorens

#### 8.30 pm CONCERT: JAZZ ORIENTAL

✔ Free ✔ Church

### Les Menuires

#### 9 pm - 10.45 pm SHOW 'À CHACUN SON TOUR'

✔ Free ✔ For everyone. With Bruno et Valérie.

✔ Espace d'animations des Bruyères

## FRIDAY 19<sup>TH</sup> JULY

### Les Menuires

#### 9 am - 7 pm MARKET ✔ La Croisette

### Saint Martin

#### 10 am & 11 am 'MOULIN DE BURDIN' VISIT

✔ Free. ✔ From 6 yrs old. ✔ Next to St Marcel.

### Saint Martin

#### 10 am - 12.30 pm DIY: MORGANE WORKSHOP

Plant picking and snack making.

✔ From 4 yrs old. ✔ Sign-up at the Tourist Offices.

✔ Adult: from 15€ Children (7 - 12 yrs old): from 10€

Family pass: 40€ (2 adults + 2 children)

Free under 7.

✔ Chèvrerie de Villarenger

### Saint Martin

#### 10am - 12pm 'SPIPOLL' WORKSHOP

Photography workshop about biodiversity.

✔ From 6 yrs old. ✔ Take your camera

✔ Moulin de Burdin

### Les Menuires

#### 11 am BODY COOL ✔ Free ✔ La Croisette

### Saint Martin

#### 2 pm - 6 pm DIY: VÉRO WORKSHOP

Refer to Wednesday 17<sup>th</sup> July.

### Val Thorens

#### 6 pm KIDS SHOW

✔ Free ✔ For everyone ✔ Caron place or Church